



Winter-Spring 2010

Weekly Schedule - We Meet on Wednesdays 2:30 - 4:30 PM

Week	Date	Topic	Meeting Themes (As Suggested by Girls!)
1	Jan 6	Choosing New Topics!	Welcome back! And welcome, Jaimie, our newest member. Let's choose some new topics!
	Jan 13	"Online Safety"	Girls, especially middle-schoolers are especially at risk for being exploited and victimized by online creeps and sexual predators. We'll cover the do's and don'ts and whys when using the Internet. (More online safety info on www.DartmouthYouth.com)
2	Jan 20	"Boys"	<i>Shock!</i> The first topic zeroed in on was boys! We'll discuss these strange creatures, what place they may or may not play in the lives of group members, how to deal with them, how to be friends with boys and how to set limits as well.
3	Jan 27	Movie Day! (with Pizza!)	Movie day today! And group members have chosen the movie "Notebook" to watch. So come to chill, relax, enjoy... and of course... pizza happens too!
	Feb 3	No meeting, Kevin is away!	Kevin will be away on vacation this week (and next!)
	Feb 10	No meeting, Kevin is away!	Kevin will be away on vacation this week.
4	Feb 17	Vacation Week (No Group This Week)	Enjoy, stay safe... see you next week!
5	Feb 24	"Finding Your Voice"	What do you stand for? What are you passionate about? When you speak, do people listen? Even notice that when some people speak, everyone listens? Is it harder or easier for girls to "find their voice" among peers, adults, etc? We'll explore some necessary "ingredients" for finding and claiming our voice!
6	March 3	Classy Not Trashy!	What's classy? What's trashy? And how can girls stay with the styles and avoid appearing sleazy? This topic will fly by itself! ☺
7	March 10	Kinds of Love	She said, "I love my dog, I love my nana, I love my mom and dad too. And I also love my little brother...sometimes, and my math teacher, and the boy down the street, I secretly love him...but most of all, I love my bed and pillow, yeah!"
8	March 17	Questions About Sex	For such a little word, "sex is sure complicated? Bring your questions.... Any and all, and lets explore some answers in a safe, cozy place among girls. (BTW: This was the second most requested topic listed by GP Members...)
9	March 24	Photo Shoot!	GP Photo Shoot! Let's have some fun. As most know, One of Kevin's hobbies is photography, so come as you are, or pack an outfit, or whacky dress up clothes from home and bring them to group. We'll borrow some special lighting from DCTV and set up a studio with backdrops, etc. Bring your camera too if you want. All photos that Kevin takes will be available on disk and on our photo site so girls can copy, print, etc.
10	March 31	Friends	Everyone needs friends. What makes a person a casual friend, a good friend or a best friend? Can girls have guys as best friends? What can you do when a once good friend turns on you? What does it take to be a good friend to another person? Can adults be your friend, and if so, under what conditions?

11	April 7	"Perverts"	This is the term that girls selected. While more polite terms exist for this word, and certainly cruder terms, too, everyone <i>thinks</i> that they know what it means. Today we'll make sure that everyone is aware of what constitutes perverted (sexual) behavior, how to recognize it and most especially how to stay safe and to seek help when confronted by this inappropriate behavior by others.
12	April 14	"Sculpey" with Gretchen Baker-Smith	Back by popular demand! Last year Gretchen Baker-Smith came to share a Sculpey (clay work) project with us. It was very popular! Girls will come over at 11:45 from school. We'll bring in pizza for lunch and then do Sculpey! Pickup time by parents will be at 4:30 PM.
	April 21	Vacation Week (No Group This Week)	Enjoy, stay safe... see you next week!
13	April 28	"Harassment"	Most everyone knows what harassment means. But for girls, how it happens, where it happens and what is done about making it stop takes on special considerations. We'll explore the signs and markers of harassment, and what needs to happen to make it stop!
14	May 5	"Girl's Choice"	Wide open topic. Girls can either decide in advance on what today's topic is, or leave it open ended. It's up to group members.
15	May 12	"Hair and Nails"	Stand back! It's a wide open, bring your hair and nail care products, dryers and have a ball "doing" hair and nails! (Kevin will grow hair just for this topic!) (No dyes or cutting hair permitted...only working with what you have!
16	May 19	Outdoor Games!	That's right, ladies... we're braving the elements and going outside to play....kickball, large orange ball, parachute games...whatever! Bring clothes to get dirty in!
17	May 26	Power of Music	Bring your favorite music on iPods, MP3 players, CD's and 8-Tracks..? Ha!) and we'll listen, enjoy, then discuss the powerful messages that are delivered to teens (especially girls) every hour of the day.
18	June 2	Expect Respect!	It's interesting; if people (of any age or gender) don't expect to be treated with respect by others, they frequently aren't. But when individuals, especially girls, expect their peers (and boys) to treat them with respect, it increases the likelihood that they will be treated with respect. Come, and find out why!
19	June 9	"Sound off!"	Evaluation time: How did the year go in GP for you? What topics worked? Which ones didn't? What would make our group better? Suggestions for next year. Support over the summer.
20	16	Wrap-Up Party Time!	Party Time, our last Girl Power meeting. We'll honor our 8th graders who are headed for high school in the fall. Share Goodbyes....
Special	June 23	End of Year Trip!	We'll choose a place to visit..... The Cape, Martha's Vineyard, etc, for an all day outing! More details to follow.