



# DARTMOUTH YOUTH COMMISSION

*Serving Dartmouth Families for over 50 Years*

**Jamie Jacquart, Chairperson**

**Rosalyn Glaser, Renee Leite, Helen Arvisais, Jennifer Dutra, Stephen Hunt, Kate Kertscher**

**Jennifer Cabral, LMHC, Dartmouth Youth Advocate**

Location: Dartmouth Town Hall, Room 118, 400 Slocum Road, Dartmouth, MA

## Consent to Meet with Youth Advocate

I, \_\_\_\_\_ parent/guardian of \_\_\_\_\_  
date of birth: \_\_\_\_\_ allow my son/daughter to meet with Jennifer Cabral, LMHC, Youth  
Dartmouth either in and out of school. The purpose of these meetings either include: participating in  
a specific after school group or meeting one on one to provide support to my child around topics  
identified during the intake. I am aware that I will need to provide transportation to all appointments  
unless other arrangements have been made between myself and the youth advocate. Also, if my  
child meets with Jennifer Cabral, LMHC outside of school I am aware I will need to send a note to  
school with my child.

The purpose of these meetings is to offer help with problems in your child's life that are bothering  
them or keeping them from being successful in important areas of their life.

When we meet, we will discuss these problems. I will ask questions, listen to them, and suggest a  
plan for improving these problems. It is important that your son or daughter feels comfortable to  
talk about these problems and therefore generally what they talk about stays private or confidential.  
However, it is important to mention when the confidentiality of a minor or anyone for that matter is  
broken.

The following are reasons why confidentiality cannot be maintained:

- If you tell me you are going to harm yourself or cause serious harm to someone else and I believe you will carry out this threat in the near future. It is my job to ensure everyone remains safe
- You tell me that you are being physically or sexually abused or verbally and emotional abused by anyone or that someone hurt in the past. I am required as a mandated reporter to notify the Department of Social Services for your safety.
- If a court orders me to release certain documents or your pediatrician is seeking information about your progress (a release will be signed to talk to a pediatrician unless there is an issue around safety.)

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Signature of Parent of Guardian

Date