



**Parents are you facing life changes, a new job, a new family structure, or a child growing up? Do you feel overwhelmed with obligations, yet directionless? Let's begin to answer the questions of parenthood together. Please join us for coffee, conversation and confidentiality.**

## **TRANSITIONS**

**We meet the 1<sup>st</sup> Thursday of every month beginning on November 1, 2018**

**at 10am**

Dartmouth Town Hall  
Room 118

If you have questions or would like more information contact

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